

Continuous learning is the minimum requirement for success in any field

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If you want to excel at your profession, how can you do it without continuously learning new skills?

Maybe in some professions that don't change very fast you can get away with not putting much effort into learning. But in the world of rapidly changing technology just putting a little effort into learning will turn you into a dinosaur in under a year.

Here's the reality it is so simple to find great information about anything you want to learn. And most of it is free or at a very low cost. It just takes some willingness, dedication and time to actually do it.

What will you focus on this week to learn? Write it down and create time to learn it. Your future self will depend on it.

Put your hand on your heart and say:
I choose to learn something new this week.