

**Believe that the world is conspiring  
to help you.**

W. Clement Stone

**Most of us can easily buy into Murphy's Law and believe the world is conspiring against us. Just watch the news and you can prove it. But the opposite is equally true. The world is conspiring to help you. You just need to look for the evidence.**

**Imagine your day going great. Everyone you meet is helpful. Solutions and answers just come to you.**

**Don't just think it. Really believe it. Then go through your day looking for and expecting your day to go well. After each positive observation, take a moment to be extremely grateful for everyone's help and support.**

**Your day might not go perfectly. But, just focus on all the things that did go well. You will feel a whole lot better looking for and acknowledging all the good things that happened today.**

*Put your hand on your heart and say:*

**I choose to look for the positive moments in my day.**